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CHANDIGARH ADMINISTRATION  
HEALTH DEPARTMENT

## Notification

The 19<sup>th</sup> February, 2025

**No. GH-III-2025/3429.**—In exercise of the powers conferred by sub-section(1) of section 78 read with sub-section(2) of section 71 of Narcotic Drugs and Psychotropic Substances Act,1985 (Central Act No. 61 of 1985) read with Central Government Notification No SO 818(E) dated 4.11.1985 and all other powers enabling him in this behalf, the Administrator, Union Territory, Chandigarh is pleased to amend “the Union Territory, Chandigarh Substance Use Disorder Treatment and Counseling and Rehabilitation Centers Rules,2014” earlier notified vide Notification No. 1/50/FII/(5)/2013/1382 dated 13.2.2014 for establishment, appointment, maintenance, management, superintendence of, and for supply of Narcotic Drugs and Psychotropic substances from the centers established under sub-section(1)of the said section 71 and for the appointment, training, powers and duties of personnel employed in such centers, namely:-

1. Short title and commencement-(1) These rules may be called the “Union Territory, Chandigarh Substance Use Disorder Treatment and Counseling and Rehabilitation Centers Rules (1<sup>st</sup> Amendment) 2025”.  
(2) They shall come into force on and with effect from the date of their publication in the Official Gazettee.
2. The Clause 19 of the aforesaid Rules 2014 shall stand substituted with the following Inspection Performa :-

UPDATED INSPECTION PERFORMA (RELATED TO SUBSTANCE USE DISORDER TREATMENT AND COUNSELING AND REHABILITATION CENTRE RULES),

Minimum Standard

A. PHYSICAL STANDARDS The Centre shall-	
Adequate accommodation, proper spacing between the beds shall be provided: Minimum of 3ft. distance between beds shall be maintained.	Yes/ No
Sufficient ventilation and be free from any pollution which may be detrimental to the health of admitted patients.	Yes/ No

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	The center shall have potable/drinking water and running water for washing, bathing and cleaning purposes; <u>At least 1 R O System.</u>	Yes/ No
	The center shall have proper sanitation facilities in terms of clean and adequate number of bathrooms, toilets and sinks.(Minimum required) <b>OPD Complex</b> Wash Basin:1 Toilet :1	Yes/ No
	<b>IPD</b> Washbasins :2 Urinals :2 Lavatory :3 Bathing room:1	Yes/ No
	Provide clean bed line, utensils and article of personal hygiene of the patients.	Yes/ No
	The centre shall provide fresh, nutritious and adequate meals to the admitted patients: <u>(2 weeks diet chart compounding to a total of at least 2400 K/Cal per day displayed at notice board.)</u>	Yes/ No
	The Centre shall have adequate recreational facilities for the patients. <u>(One each of Yoga-cum-meditation area Board games (3 in number atleast), Entertainment-cum-Television area etc.)</u>	Yes/ No

**The following additional facilities shall also be provide in every centre, namely:**

	Reception enquiry/registration counter/Waiting space with seating arrangements for a minimum of five persons: <u>(Appropriate space for five persons to sit).</u>	Yes/ No
	Cubicle/room for providing individual counseling, group therapy and family counseling( <u>100 sq.ft</u> )	Yes/ No
	Space to store records of patients to ensure confidentiality and a system of easy retrieval. <u>(Since Substance dependence is seen as a chronic non-communicable disease, the patients who report to a centre like this usually expected to have a prolonged outpatient follow- up along with a few inpatient treatment episodes. The type of numbering system proposed is the unit numbering system, which covers all patient record in a single number and files records of subsequent visits to the hospital under the same number).</u>	Yes/ No
	Related educational material such as posters to be prominently displayed and strategic points in the centres:	Yes/ No
	Pamphlets, hand bill and other educational materials in vernacular shall be made freely available for the public.	Yes/ No

<b>B. MEDICAL STANDARDS</b>		Yes/ No
I	No patients shall be compelled to undergo detoxification treatment without explaining the range of treatment options available to him including substitution/maintenance therapy, psychosocial interventions and his consent for undergoing treatment for de addiction.	Yes/ No
II	Treatment protocol of the Centres shall follow the established and evidence based medical practice and the guideline published by the World Health Organization (WHO) ,Government of India(GOI) and the Indian Psychiatric Society (IPS) including the harm minimization practice advocated form time to time	Yes/ No
III	Nursing and other staff employed in centre shall be duly qualified as per their job requirement and shall be competent to handle the work assigned to them. The core staff (doctors and nurses) should have received training in Substance Use Disorder Treatment from a recognized institution.	Yes/ No
IV	Officer-in-charge of a Centre shall be duly qualified Psychiatrist or Doctor (M.B.B.S) with a least three months training in Substance Use Disorder Treatment.	Yes/ No
V	Where an M.B.B.S doctor manages a Centre, it shall have a Psychiatrist on its roll visiting the Centre at least once a week.	Yes/ No
VI	Each centre shall furnish and prominently display an undertaking/arrangement from the management in charge of a Government/Private Hospital for providing support and emergency services to in-patients. (Information to be displayed on a notice board).	Yes/ No
VII	Adequate transport/ambulance for patients shall be ensured by the centre. Contact detail of Driver along with Vehicle registration number. Information to be displayed on a notice board.	Yes/ No
VIII	Round the clock medical nursing care to the addict shall be ensured by the centre. (To be displayed at a prominent location along with duty roster of the nursing staff.)	Yes/ No
IX	There shall be adequate and readily available stock of medicines required and related physical and psychiatric co-morbidities. (Prescription along with detailed case note by Psychiatrist. Availability of medical prescription of each indoor patient and the prescribed medicines).	Yes/ No

<b>C. Staff Requirement For a Substance Disorder Treatment Centre.</b>		
I	One part time (4 hours a day ) doctor - MD Psychiatry (preferably) or a doctor with at least there month training in de-addiction treatment from a recognized institution: <u>Name of the Psychiatrist:</u> <u>Registration No.</u>	Yes/ No
II	Two social workers/Counselors who are in M.Phill/M.A in Psychology Sociology or social work preferably with training Substance Use Disorder Treatment from a recognized institution (Counselor Patient ration of 1:10)	Yes/ No
III	Four Staff Nurses for round the clock services who are B.sc or Diploma in Nursing with training Substance Use Disorder Treatment Centre from a recognized institution ( Nurse patients Ratio of 1:20)	Yes/ No
IV	Three ward attendants having 10+2 education. (To be deployed in shifts)	Yes/ No
V	Two SafaiKaramcharis.	Yes/ No
VI	One Cook-cum-Helper or regular arrangement for fresh nutritious food from outside.	Yes/ No
VII	Peer educator (Optional).	Yes/ No
VIII	Three security personnel.(To be deployed in shifts)	Yes/ No



2.	<b>Staff Requirement</b> <b>For a Substance Use Disorder Counselling and Rehabilitation Centre.</b>	
	No patients /client shall be admitted to Rehabilitation Centre till he had undergone detoxification from a recognized Centre. This fact should be on record with evidence	Yes/No
I	Project Director/Programme Officer.(1)	Yes/ No
II	Three Social Worker/Counselors with basis qualification of M.Phil or M.A in Psychology or Sociology or Social Work preferably with training in Substance Dependence Treatment from a recognized institution.	Yes/ No
III	Three Ward Attendants - Basic qualification 10+2. (To be deployed in shifts)	Yes/ No
IV	Two Security Guards/Chowkidars(To be deployed in shifts)	Yes/ No
V	Two Safaikarmacharis .	Yes/ No
VI	One Cook-cum-helper (Optional) or regular arrangements for fresh nutritious food from outside.	Yes/ No
VII	Peer Education (Optional) <u>Name of the Peer Educator.</u>	Yes/ No
VIII	Centre in-charge, for a Counseling-cum-Rehabilitation Center shall be Person with qualifications of MA Psychology/Social Work or any persons who is a Doctor(MBBS); license to be granted in the name of person in-charge along with the institutions:	Yes/ No

<b>D. SUPPORT SERVICES</b>		
Each Centre shall be provide the following support services:-		Yes/ No
I	Emergency medical care,	Yes/ No
	Name of the Hospital:-	Yes/ No
II	Recreational/Rehabilitation facilities and Outdoor activities.	Yes/ No
	Recreational Activity.	
	Outdoor Activity.	Yes/ No
III	Regular daily outpatient services.	Yes/ No
	For Drug De-addiction Centre only.	
IV	Referral linkage for specialist medical services, Laboratory Services	
	HIV/AIDS Centres, RNTACP centres.	Yes/ No
	HIV/AIDS status of each patient.	Yes/ No
	TB status of each patient.	Yes/ No
	Any other communicable disease in patients.	Yes/ No
V	Adequate transport facilities for patients for the purpose of linkage activities and emergency medical care.	Yes/ No

RECORD MAINTANCE AND DISSEMINATION		
I	It shall be mandatory for all the centres to maintain personal and treatment record of all the patients. (All patients details being maintained, IPD as well as OPD).	Yes/ No
II.	Records being kept confidentially and available only to the authorized persons on request with the discretion of Office- in -Charge of the centres.	Yes/ No
III	All the data on activities of the centre shall be sent on Drug Abuse Monitoring System (DAMS) Performa developed by the Union Ministry of Health and Family Welfare, to the the Director General Health and Family Welfare Government of India on the quarterly basis for the purpose of information and compilation of State and National data. (Email and hard copies).	Yes/ No
IV	Centre protection the human rights of the admitted patients as per the Universal Human Rights and is not engaging in unlawful activities with the patients i.e. solitary confinement, forced labour, punishment ,beating, psychological torture, chaining or lock in up. The patients liberty is being protected at all times. The centre allows private interaction with family and provide communication to the inmates under supervision of the authorized person of Centre. The centre ensures confidentiality of medical and counseling records of the Patient except to caregivers and in judicial proceedings.	Yes/ No

ADMISSION		
A.	Admission to the Centre shall be made only with informed consent of the patients after discussing risks, benefit and alternatives to the treatment, to be recorded in writing. A copy of the Consent from shall be provided to the patients. The patient shall have the right to refuse and discontinue treatment at any time.	Yes/NO

It is certified that the above information is correct based on our visit to the centre on dated:.....

Recommended or Not Recommended	

AJAY CHAGTI IAS,  
Secretary Health,  
Chandigarh Administration

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